About the Book

Spectrum Social Studies series is based on the curriculum designed by the Federal Ministry of Education, Government of Pakistan.

The series with its focused content, easy language and colourful illustrations, proceeds from one level to the next in a very logical and coherent manner. The units have been designed in accordance with young children’s mental level and developing personalities. Social development of each student is intended besides their exposure to information. Various of activities have been added, with seasoned teachers’ guidance, to keep the students engaged in a lively manner. At the end of each unit, pupils are challenged to answer some questions to assess what they have learnt and gained from the knowledge shared in the unit.

Key Features of the Series

- In line with the National Curriculum of Pakistan for Social Studies
- Ensures logical progression from one level to the next
- Follows a child-centred approach along with a teacher-friendly style
- Spectacular design with colourful layout
- Eye-catching illustrations
- Hands-on activities
- Variety of exercises to check the children’s understanding of the concepts
Instructions for Teachers and Parents

Following items have been included in the book to enhance the students' learning as well as their engagement with the text and thereby enrich the syllabus content to be covered at each level. Teachers and parents are advised to understand these items well to make the most of their experience with Spectrum Social Studies.

Student Learning Outcomes

Clear and specific student learning outcomes have been listed at the beginning of each unit. The objective is to help the teacher stay focused on achieving these goals effectively.

Abbreviations: T Teacher   P Parent

Performance

After the completion of each unit, the teacher or parent should rate the overall performance of the pupil.

Activities

One or more activities have been suggested at the beginning of the unit. The teacher may use them as the warm up activities or may arrange them at a later stage during the lesson.

Learn More

This is an impulse for the children to go a step ahead and learn a little beyond the curriculum. The aim is to introduce children to a larger picture.

Review Time

For a quick recall and revision, the complete unit is summed up in a few lines.

Lesson for Us

To make the concept a part of children's lives, a lesson has been devised for them. However, the teacher should encourage each child to express his/her own resolutions too.

Do You Know?

An interesting fact or piece of information is added to each unit to captivate and enhance children’s interest in research.

EXERCISE CORNER

Through a variety of exercises at the end of each unit, children are checked for what they have grasped and retained from the knowledge shared in the unit.

Please always remember to start any lesson or activity with the name of the Almighty Allah by saying بسم الله الرحمن الرحيم and to say الحمد لله after finishing it and encourage the students to do the same, too.
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Student Learning Outcomes
By the end of this lesson, the students should be able to:

1. identify how they are same and different from others.
2. identify their good qualities.
3. recognize the good qualities in others.
4. introduce themselves and express their likes and dislikes.

Social Development

Activity
Your Introduction Star: Cut out a star and paste it on a stick, naming it “Your Introduction Star”. Pass it on to the students one by one and ask them to introduce themselves as they hold it on their turns. They may speak about their name, age, grade, etc. The purpose is to get the class introduced to each other in a formal manner.

Performance

Excellent ☀️ ☐  ☀️ Good ☐  ☀️ Satisfactory ☐  ☞ Poor ☐
As-salam-u-alaikum!
I am Ali.
Here is my friend.
His name is Talha.
We have many things in common.
We are seven years old. We study in Grade 1.
We live in Lahore. We are neighbours.
We go to school together. We play cricket.
We always speak the truth. We help each other.
We always respect our elders.
We are different in some ways.
I am taller than Talha.
My hair and eyes are black and his hair and eyes are brown.
I like bananas and he likes mangoes.
Learn More

The Almighty Allah is our Creator. He has created every person different from others. We should always be thankful to Him.

Lesson for Us

A good friend is a great blessing. We must take care of friends and respect them.

Do You Know?

Hazrat Abu Bakr Siddiq  was the best friend of our beloved Prophet ﷺ.

EXERCISE CORNER

A Answer the following questions.

1. What is your name?
   Answer: 

2. How is Ali similar to Talha?
   Answer: 

3. How is Ali different from Talha?
   Answer: 

4. Which game do you like to play?
   Answer: 
B Fill in the blanks.
1. I am _____________________ (name).
2. I am _______ years old.
3. I am in Grade ______.
4. My hair colour is ________________.
5. My favourite dish is ________________.
6. My favourite colour is ____________.
7. My favourite game is ________________.

C Tick (✓) your qualities.
I always
1. offer prayers.
2. speak the truth.
3. respect elders.
4. listen to parents’and teachers’advice.
5. help others.
6. get up early in the morning.

D Complete the table below.

<table>
<thead>
<tr>
<th>My friends in school</th>
<th>Their good qualities</th>
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