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Unit 2  Oceans and Continents

Student Learning Outcomes
By the end of this unit, the students should be able to:

Social Development

i. define a continent and an ocean.
ii. name the continents and oceans of the world.
iii. locate continents and oceans on a world map.
iv. explain why they must not waste water.

Activities

i. Challenge the students to rearrange the letters to find the names of continents and oceans. Set a time limit of 5 minutes.
   - AOENICA
   - PFICACI
   - ROPEEU
   - TNOHR AERIACM
   - AASI
   - INIAND
   - AAFICR
   - ARNTIACTCA
   - NATATICL
   - CARTIC

ii. Ask students to label the continents and oceans on the blank world map given on page number 14.

Performance

🌞 Excellent ☻ Good ☻ Satisfactory ☻ Poor
Unit 2  Oceans and Continents

Earth is the third planet from the Sun. It is our home. 70 per cent of the Earth is covered with water and only 30 per cent is land. For this reason, it is called the blue planet.

The blue planet Earth

Continents
The large solid areas of land on Earth are called continents. There are seven continents in the world:

- Asia
- Africa
- Europe
- Antarctica
- Oceania
- North America
- South America

Every country of the world is part of a continent. The largest continent is Asia. More people live here than on any other continent. There are 48 countries in Asia.
Oceania is the smallest continent. It contains Australia, New Zealand and the smaller islands that surround these countries.

**Oceans**

An ocean is a huge body of salt water. The water that surrounds the continents is divided into five oceans. These are:

- The Indian Ocean
- The Pacific Ocean
- The Atlantic Ocean
- The Arctic Ocean
- The Antarctic Ocean

The Pacific Ocean is the largest. It covers one-third of the Earth’s surface. The smallest ocean is the Arctic. A large part of it remains covered in ice most of the year.

**Learn More**

The water in the oceans cannot be used for drinking or growing crops because it is too salty. The water that we drink and use for other purposes comes from rivers and melting ice. It is called fresh water. There is very little fresh water available on Earth. It must not be wasted.

**Review Time**

- The Earth is known as the blue planet.
- Seven continents and five oceans cover the surface of the Earth.
- Asia is the largest continent and Oceania is the smallest.
- The Pacific is the largest ocean and the Arctic is the smallest.
- Ocean water cannot be used for drinking or other purposes because it is too salty.

**Lesson for Us**

Fresh water is a great blessing from Allah and life cannot exist without it. There is little fresh water available on Earth. We must use it very carefully without wasting it.
Activity

On this blank world map, label the continents and oceans.

Do You Know?

Nobody lives on Antarctica because it is almost completely covered in ice. It is located at the South Pole.

Exercise Corner

A Answer the following questions.

1. Where does the Earth get its blue colour?

2. What is a continent? Name the continents of the world.

3. What is an ocean? Name the oceans of the world.

4. Why should we save water when the oceans are full of it?
Choose the correct word to fill each blank. One word is extra.

1. The Earth is covered with _______ per cent water and _______ per cent land.
2. _______ and _______ are two important countries of Oceania.
3. We cannot live without _______ water.
4. There are 48 countries in _______.
5. Nobody lives on the continent of _______.
6. The _______ Ocean is frozen most of the year.
7. The _______ Ocean is the largest in the world.
8. The third planet from the Sun is called the _______.

Match the description to the continent or ocean.

1. Most people of the world live on this continent.  
   - Asia
   - A river
   - Arctic

2. This ocean covers one-third of the Earth’s surface.  
   - Arctic
   - Asia
   - Pacific

3. This continent is located on the South Pole.  
   - Asia
   - Pacific

4. This is the smallest ocean of the world.  
   - A river
   - Arctic

5. This is a source of fresh water.  
   - A river
   - Antarctica
Spectrum Social Studies series is based on the curriculum designed by the Federal Ministry of Education, Government of Pakistan.

The series with its focused content, easy language and colourful illustrations, proceeds from one level to the next in a very logical and coherent manner. The units have been designed in accordance with young children’s mental level and developing personalities. Social development of each student is intended besides their exposure to information. Various activities have been added, with seasoned teachers’ guidance, to keep the students engaged in a lively manner. At the end of each unit, pupils are challenged to answer some questions to assess what they have learnt and gained from the knowledge shared in the unit.